

mothering

INSPIRING NATURAL FAMILIES SINCE 1976

| by Candace Walsh | photos by Melyssa Holik

strokes of

Genius

Mother's Day is coming—hinters, start your engines.

Saying "Oh, I don't know," whatever you come up with is fine" is a bit of a recipe for panic (on your partner's side) and ho-hum on the receiving end. It's your day! Ask and you may well receive. The ① **Bless You Mom deck** (www.blessyoumom.com) contains 56 round cards, each printed with a phrase that you can sit with for a minute (or a second), whether you're feeling frenetic or already in the lotus position—not that I can make my legs do that. But I can and do love the ② **blooming lotus tealight holder** from www.greenheartshop.org, made through Social Action for Filipino Youth, which provides fair-trade employment in the Philippines. The felted ③ **Butterfly Purse and Wristlet**, made in Nepal by survivors of human trafficking (www.madebysurvivors.com), give moms and daughters a way to match (fun!) without being too over the top (whoa!)—all while putting their dollars toward an urgently good cause.

Feel daunted by planning a full-scale garden, or live in an apartment? Try it on for (small) size with the ④ **indoor Fairy Garden Kit** (www.imaginechildhood.com), which comes with live plants and décor elements.

Open the doors to home-spa self-nurture with these goodies: EO's organic ⑤ **Hinoki & Ginger bubble bath** (www.eoproducts.com), derma e's ⑥ **Melon and Ginger Ultimate Moisture lotion** (www.dermae.net), and/or one of Dashing Diva's new ⑦ **spring nail-polish colors** (www.dashingdiva.com), which are free of harmful

formaldehyde, toluene, and DBP. Give your face a moisturizing ⑧ **Skin Retreat** by all-natural, paraben-free Eköh; as a Mother's Day present, Eköh is giving all *Mothering* readers a sitewide promo code ("mothering") that takes 25 percent off your order (www.ekohcosmetics.com).

What mom would turn down this Mother's Day

