

# alternative

THE ART & SCIENCE  
OF HEALTHY LIVING

*medicine*

## Treat Your Tootsies Right

What you need to know before  
your next pedicure

*HAPPY FEET* .....



### EO's Amazing Feet Foot Care Starter Kit

**\$12.99**

Soak, scrub, moisturize—this foot kit has it all. Plus, the products are infused with invigorating (and antibacterial) essential oils like lavender, peppermint, and tea tree oil.